

The image features a close-up of various knitted fabrics in shades of blue, purple, and pink. The Grighko logo is positioned in the upper left area, set against a dark blue textured background. The logo consists of the brand name in a white serif font, with a horizontal line passing through the middle of the letters and a large, stylized 'G' that loops around the bottom of the 'r'.

Grighko®

KNITTED
WARM-UP



We asked the dancers to describe us the warm-up they dream about in order to create an outstanding collection. The colors taken from the beautiful sunrises together with the highest quality materials create this astonishing feeling of comfort, warmth of the loving heart and the dreams of sunset beach.





Only premium quality and high-tech machinery are used to produce all GRISHKO garments and especially to create the latest knitwear collection.

For the brand-new assortment of knitwear we used the highest quality Japanese flat-knit machines and Italian merino wool for guaranteed comfort and durability.



After years of research and tests carried out by professional dancers, prima ballerinas and soloists of the world leading theatres, we have chosen the full fashion knitting technology, so called “pearly knitting” to achieve the ideal form and stretching properties. “Pearly knitting” allows to produce mega-elastic gusset, which repeats the body anatomy and is super-comfortable for full leg-splits. Additional elastic rows give the feeling of maximum comfort during intensive warm-up rehearsals.



Each garment of the collection undergoes multiple inspections to ensure the highest quality!

We create the best for you to
LIVE YOUR DREAM!





"Grishko for me is the synonym of quality, comfort and durability. It's amazing how the new warm-up collection meets all the artists' needs and the harmony of colors shifts you to the beach smiled in sunshine emotionally preparing you for the fruitful workout."

Natalia Kim (Slesareva)
The Kremlin Ballet theater artist

Pants — 06206
DREAMPOINTE 2007 — 0527/1
Leotard — DA08M



06201

SHOULDER & ARM WARMER

Use bolero-sleeves to keep your shoulders and arms warmed up during the class.

- ELASTIC CUFFS can be easily fixed on the wrist or above.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT after numbers of washings.



CH, DE, ES, FR, JP, IT, KOR → page 36



Shoulder & arm warmer — 06201
 Legwarmers — 06208
 Grishko 2007 PRO — 0509/1
 Leotard — DA08M



06202

SHORTS

Comfortable shorts for rehearsals to warm up low-back and gluteus.

- DOUBLE WAISTBAND can be fixed either on the waist or on hips.
- ADJUSTABLE DRAWSTRINGS are designed for additional fixing.
- Thin and INVISIBLE ELASTIC CUFFS comfortably hug the legs and stay fixed.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT after numbers of washings.
- Comfortable for the FULL LEG-SPLITS due to high-tech "pearly knitting" technology.



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Legwarmers — 06209
DREAMPOINTE — 0527
Leotard — DA08M



06203

BODY WAIST WARMER

Use this soft, flexible and very cozy knitted belt to warm up your muscles of the back and abs.

- Can be fixed on any level due to ELASTIC KNITTING and save the original form for a long time.
- Turn-up on ANY LEVEL to adjust to your body lenght.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT after numbers of washings.



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06204

VEST

Cozy vest is so beautiful that can be easily used either in class or in between classes, or even in your regular life.

- The WIDE BOTTOM RIB will keep the waist-coat in place and not allow to "climb up" during active rehearsals.
- DROP-SLEEVES are comfortable for any type of positions. You can also hide your arms to keep warmth while waiting your turn in the class.
- The TURTLE-NECK gives additional warmth in the upper part.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT after numbers of washings.



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Seamless body — DA-303PR

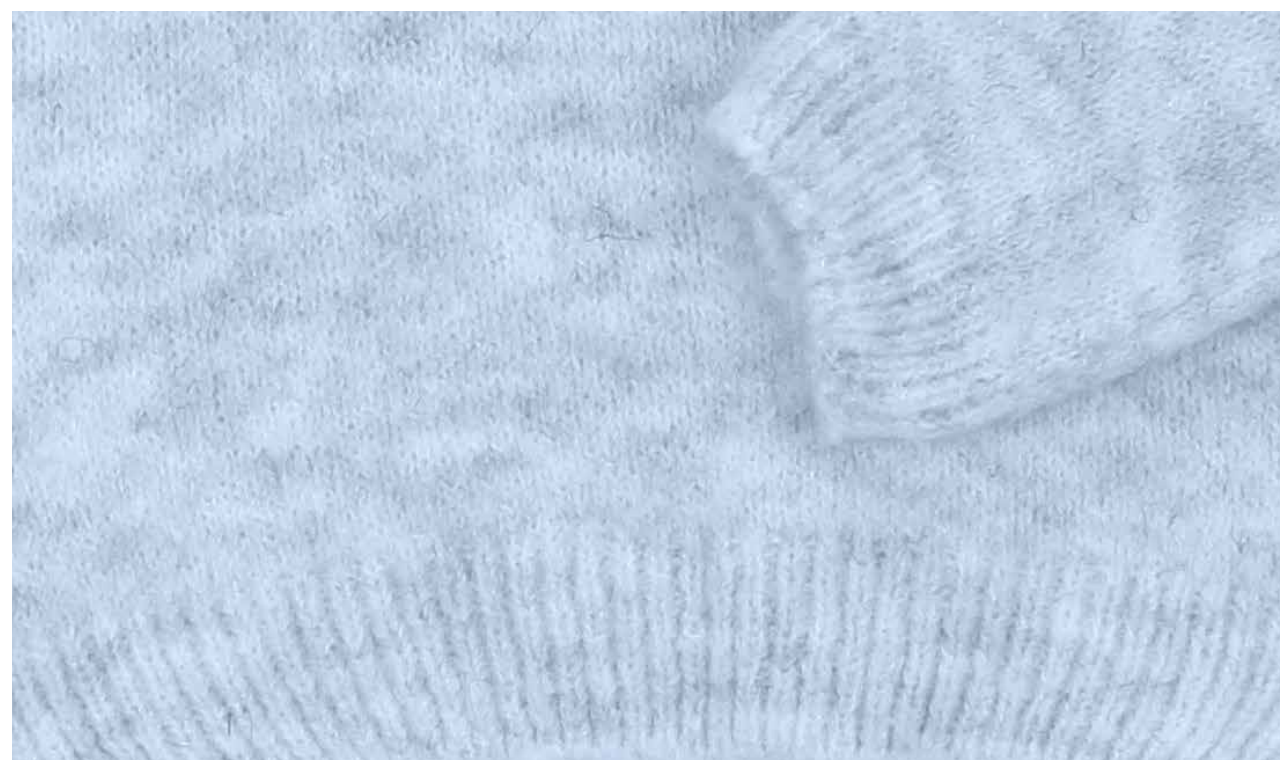


06205

JUMPER "JAPAN"

One of Grishko bestsellers to warm the arms and is represented in renewed version with new yarn and melange effect.

- NOT ITCHY due to high-technology production processing.
- New warm and cozy colors perfectly match the collection.
- ELASTIC CUFFS and BELT allow you to fix the item on the wanted level of arm and body.
- The fluffy yarn stays SOFT and BRIGHT after numbers of washings.



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Shoulder & arm warmer — 06201
DREAMPOINTE 2007 — 0527/1
Leotard — DA08M

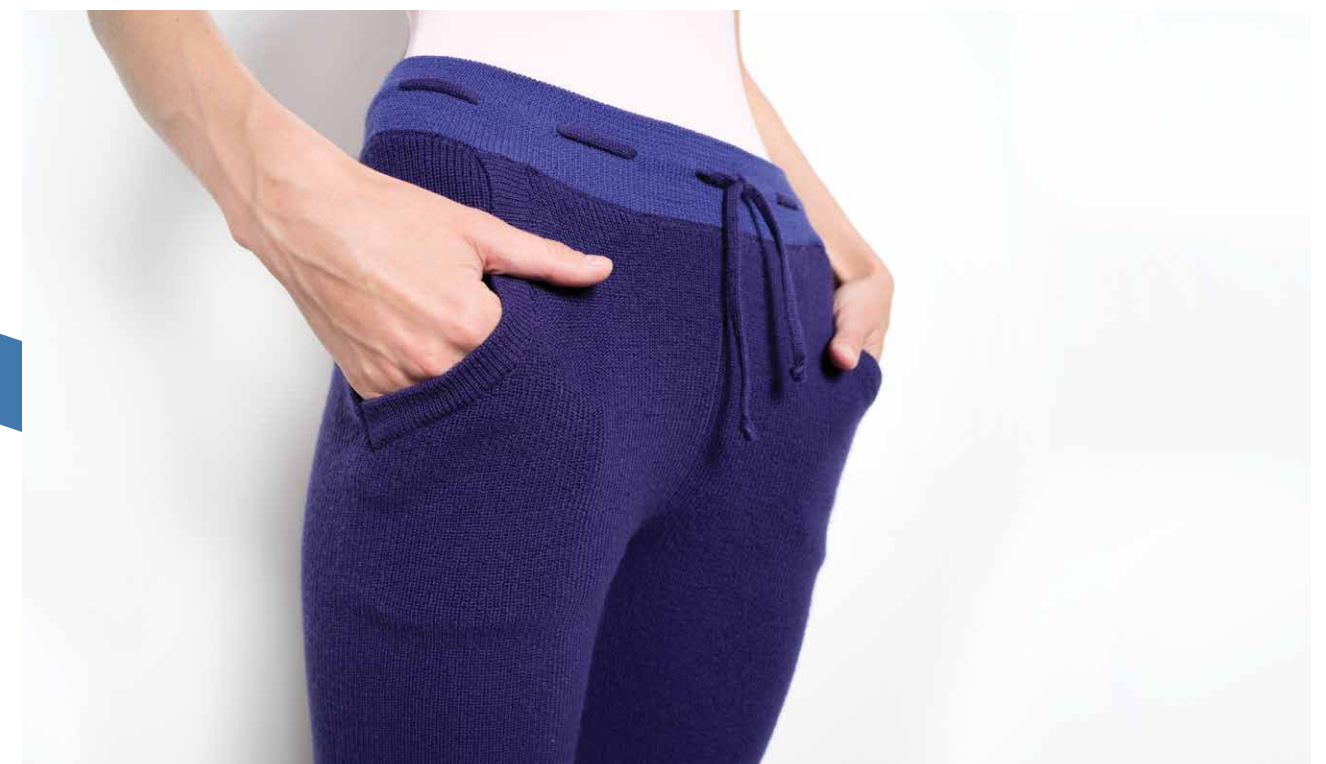


06206

PANTS WITH SIDE POCKETS

Comfortable pants with wide waistband ideal for stretching, warm-ups and even for long breaks between classes.

- DOUBLE WAISTBAND fixed either on the waist or on hips will look beautiful.
- ADJUSTABLE DRAWSTRINGS along the waistline can be used for reinforced fixation.
- Super comfortable POCKETS.
- High and TIGHT CUFFS easily go into warm-up boots and create a fashionable look with sneakers.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT after numbers of washings.
- Comfortable for the FULL LEG-SPLITS due to high-tech "pearly knitting" technology.



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Shortard — 06210
Warm-up boots — M68/1
Leotard — DA09M

“ In my opinion, warm-up wear is the most important ballet clothing that every ballerina needs to have. Our muscles need to be ready before starting class or rehearsal. Why Grishko? They don't just help for warming up before class but they keep you warm after class as well. (I sometimes have long pause between rehearsals). They are so comfortable and well made, they are my favorite piece of clothing in my ballet wardrobe! Some people wear Prada but I wear Grishko :) ”

Stefania Gashtarska
The Bolshoi Ballet Academy student,
GRISHKO® Brand Ambassador, Macedonia

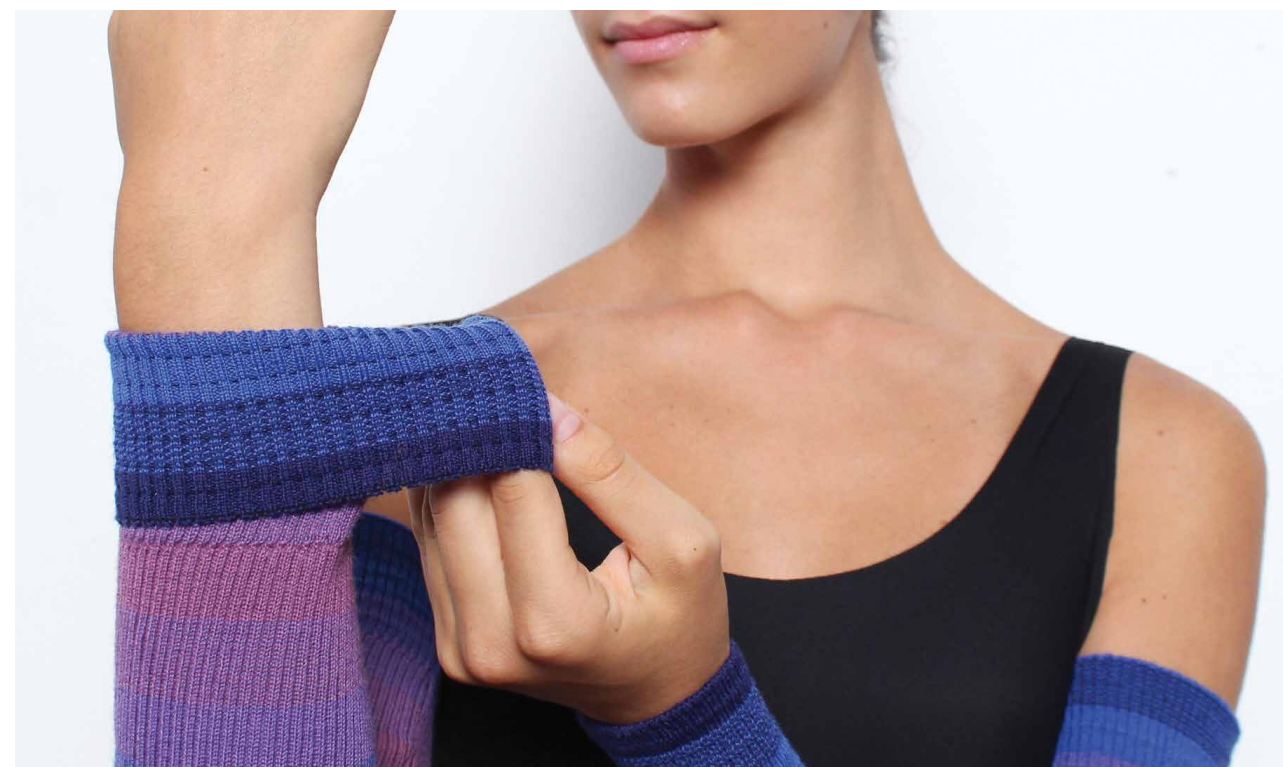


06207

STRIPED ARMWARMERS

You need this armwarmers to warm joints and muscles of wrists, elbows and forearms.

- ADDITIONAL ELASTANE reinforcement on the top avoids slipping down even during active movements.
- Stays SOFT and BRIGHT after numbers of washings.
- ELASTIC CUFFS can be easily fixed on the wrist or above.
- NOT ITCHY due to high-technology production processing.



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Shoulder & arm warmer — 06201
 Shorts — 06202
 Grishko 2007 PRO — 0509/1
 Leotard — DA08M



06208

STRIPED LEGWARMERS (60 CM)

Short legwarmers are created to warm your ankles and knees before the rehearsal.

- ELASTIC CUFFS can be easily fixed above or below the ankle.
- ADDITIONAL ELASTANE reinforcement on the top avoids slipping down even during active movements.
- Comfortable for your skin and NOT ITCHY due to high-technology production processing.



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Body waist warmer — 06203
DREAMPOINTE — 0527
Leotard — DA08M



06209

STRIPED LEGWARMERS (80 CM)

Long leg warmers are perfect for stretching all full leg-splits.

- Allow to warm the FULL LEG — from the ankles to the heaps.
- ELASTIC CUFFs can be easily fixed above or below the ankle.
- NOT ITCHY due to high-technology production processing.
- Doesn't slip down even during active movements.
- Stays SOFT and BRIGHT after numbers of washing.



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Armwarmers — 06207
DREAMPOINTE 2007 — 0527/1
Leotard — DA09M

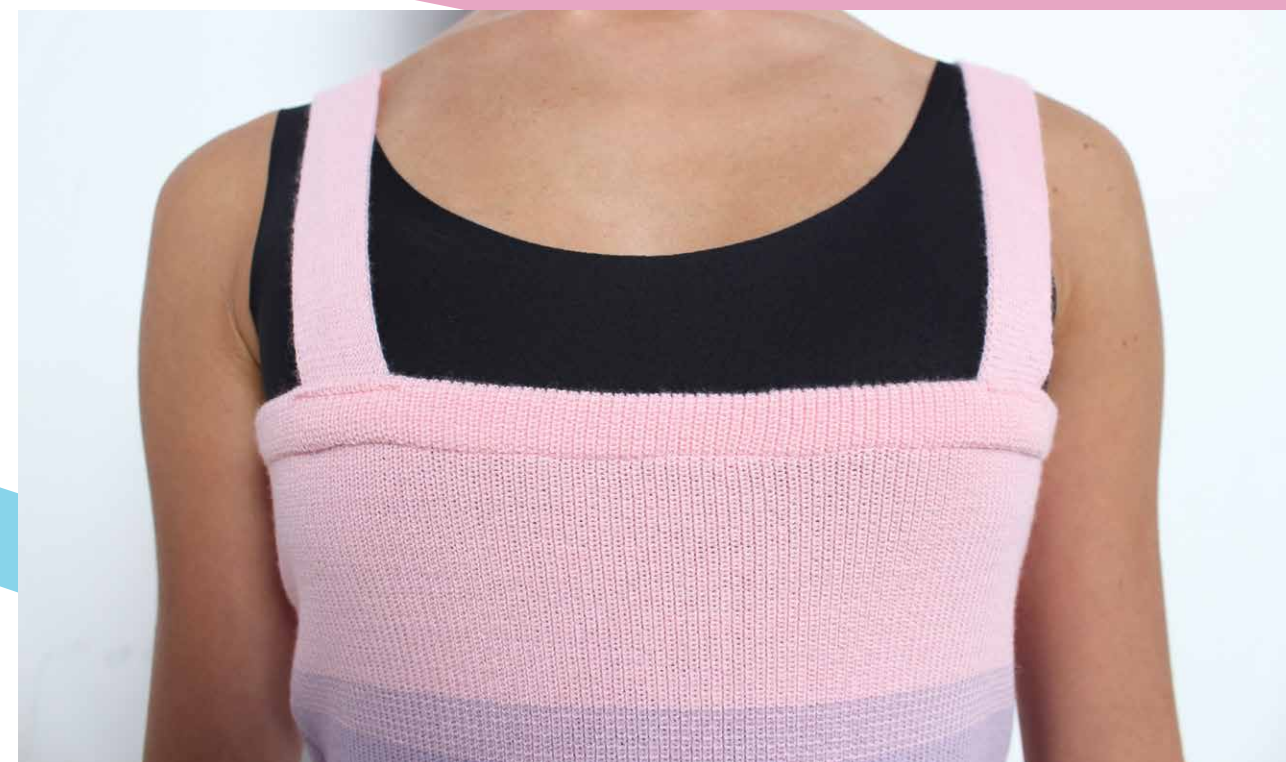


06210

SHORTARD

Comfortable shortard for rehearsals to warm up back and gluteus.

- Additional ELASTIC ROWS emphasize the waistline and make rehearsals comfortable.
- Thin and INVISIBLE ELASTIC CUFFS comfortably hug the legs and stay fixed.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT even after numbers of washings.
- "PEARLY-KNITTING" technology allow to repeat anatomy of the body for mega comfortable for the FULL LEG-SPLITS.



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Grishko 2007 PRO — 0509/1
Leotard — DA04M

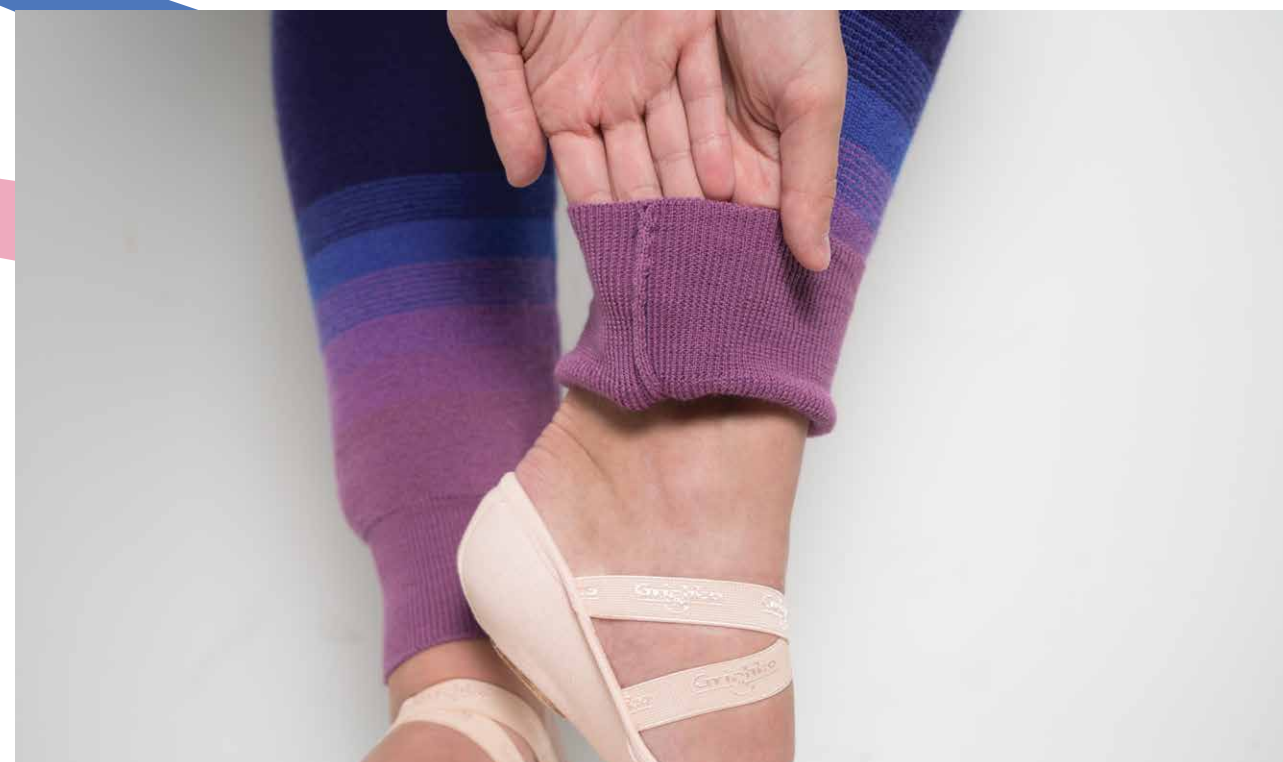


06211

UNITARD

Comfortable unitard for warming up and stretching.

- Additional ELASTIC ROWS emphasize the waistline and make rehearsals comfortable.
- High and TIGHT CUFFS easily go into warm-up boots and create fashionable look with sneakers.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT and BRIGHT after numbers of washings.
- "PEARLY-KNITTING" technology allow to repeat anatomy of the body for mega comfortable for the FULL LEG-SPLITS.



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"The proper warm-up is essential for ballet artist. It's the basis of our health and the working condition of muscles. I choose Grishko warm-up because it helps me to prepare my body for rehearsals and to keep the warmth during the whole day. It's bright and recognizable colors create the working mood and cheer up even when the day is too hard."

Alyona Kovalyova

The Bolshoi Ballet's First Soloist,
GRISHKO® Brand Ambassador

Shorts — 06202
Grishko 2007 PRO — 0509/1
Legwarmers — 06208
Leotard — DA08M



06212

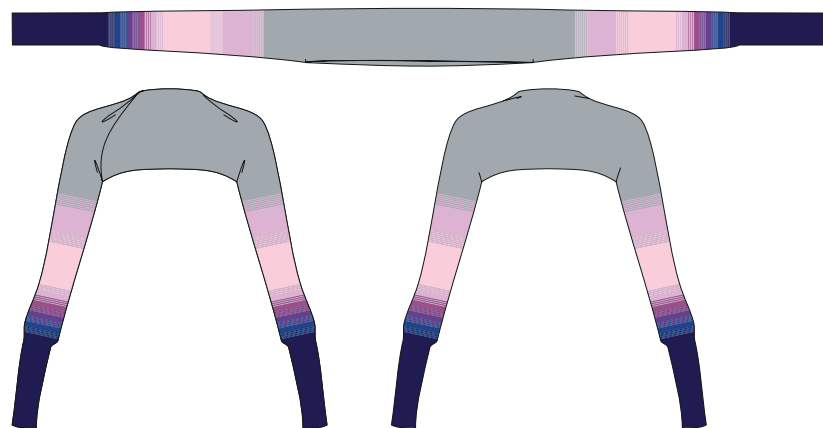
OPEN-WORK BOLERO

Beautifully knitted and super feminine open-work bolero.

- Three solid colors.
- NOT ITCHY due to high-technology production processing.
- Stays SOFT after numbers of washings.



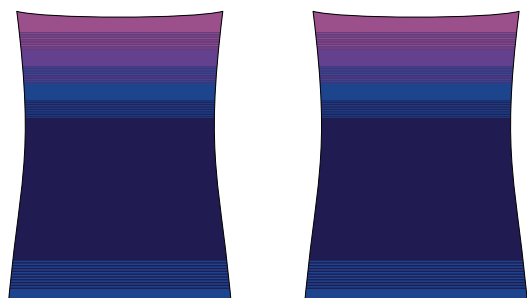
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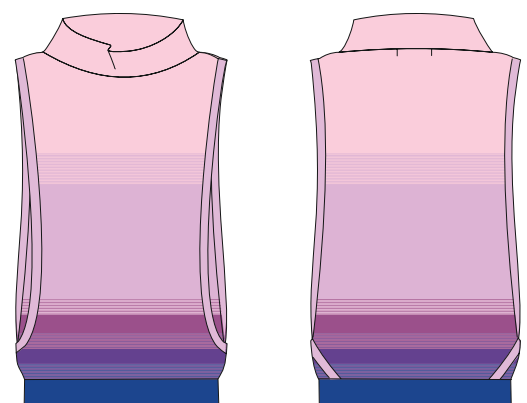
06201
SHOULDER & ARM WARMER
One size
50% Merino Wool
50% Acryl



06202
SHORTS
36-38/40-42/44-46/48-50
50% Merino Wool
50% Acryl



06203
BODY WAIST WARMER
32-38/40-48
50% Merino Wool
50% Acryl



06204
VEST
36-38/40-42/44-46/48-50
50% Merino Wool
50% Acryl

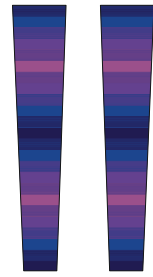


06205
JUMPER "JAPAN"
36-38/40-42/44-46/48-50
60% Acryl
14% Polyamid
10% Polyester
8% Viscose
8% Wool



06206
PANTS WITH SIDE POCKETS
32-34/36-38/40-42/44-46/48-50
50% Merino Wool
50% Acryl

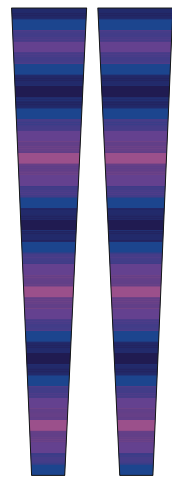




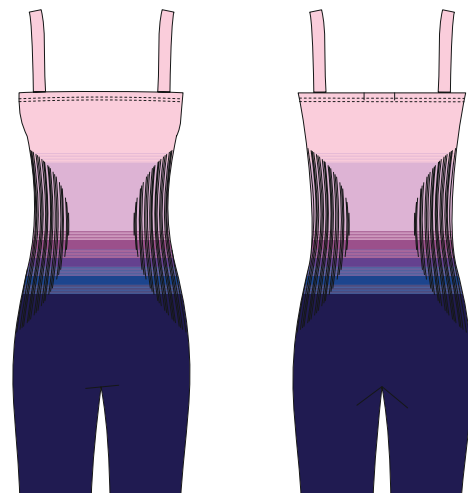
06207
STRIPED ARMWARMERS
50 cm
50% Merino Wool
50% Acryl



06208
STRIPED LEGWARMERS
60 cm
50% Merino Wool
50% Acryl



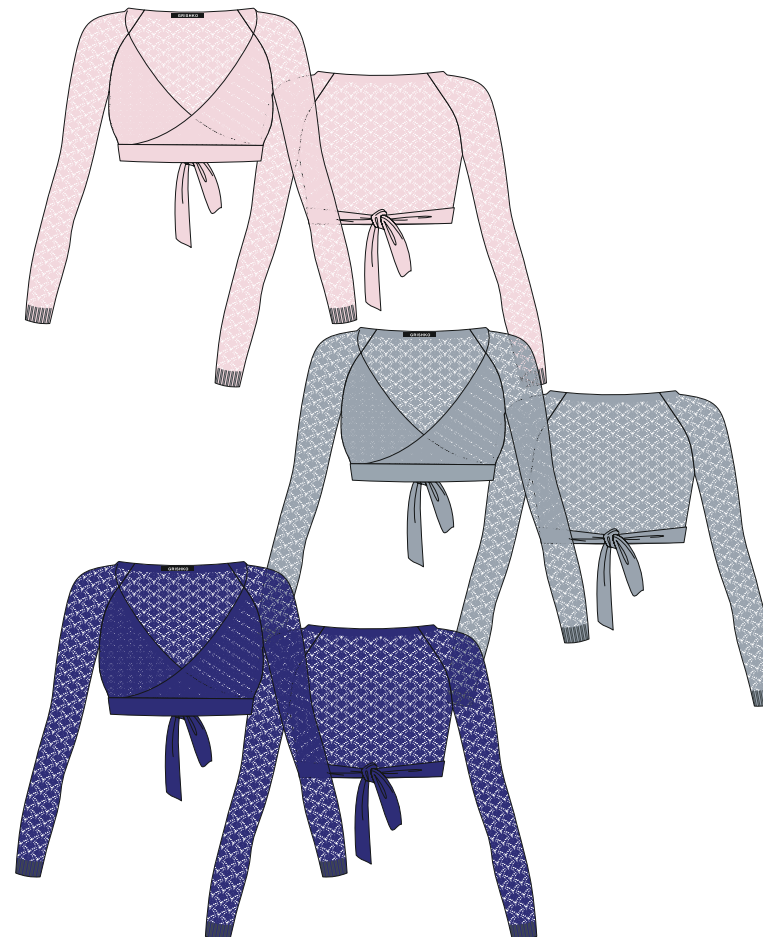
06209
STRIPED LEGWARMERS
80 cm
50% Merino Wool
50% Acryl



06210
SHORTARD
32-34/36-38/40-42/44-46/48-50
50% Merino Wool
50% Acryl



06211
UNITARD
32-34/36-38/40-42/44-46/48-50
50% Merino Wool
50% Acryl



06212
OPEN-WORK BOLERO
36-38/40-42/44-46/48-50
60% Acryl
14% Polyamid
10% Polyester
8% Viscose
8% Wool

